

# Are You A Victim Of Domestic Violence?

## Ask yourself these questions.

- Has your partner hit, kicked, shoved or thrown things at you?
- Are you frightened of your partner's temper?
- Has your partner threatened to kill you?
- Has your partner threatened you with a weapon?
- Have you been restrained by your partner with such things as chains or handcuffs?
- Has your partner stalked you, sent threatening letters, or made unwanted phone calls to you at home or at work?
- Has your partner damaged or destroyed your belongings?
- Has your partner forced you to have sex against your will?
- Has your partner violated a restraining order?

If you answered YES to just one of these questions, you are the victim of domestic violence and you need to take action RIGHT AWAY. Domestic violence will not just disappear. It will happen again, again, again and again.

For 24 Hour Assistance Contact:  
Babyland Family Violence Program  
24 Hour Hotline: 862.438.8045.  
IN CASE OF EMERGENCY CALL 911.

Para Asistencia Las 24 Horas Puede Contactar:  
Programa de Violencia Familiar de Babyland  
Servicios de 24 Horas: 862.438.8045.  
EN CASA DE EMERGENCIA LLAME AL 911



*Proud past.  
Promising future.*

*Babyland Family Services, Inc.*

**Babyland Headquarters**  
755 South Orange Ave.  
Newark, New Jersey 07106  
**973.399.3400**  
**Hotline: 862.438.8045**  
**Toll-Free: 877.808.4446**  
**TTY: 862.438.8999**

[www.babylandfs1.org](http://www.babylandfs1.org)



**Family  
Violence  
Program**

**If you are being abused,  
help is at your fingertips  
862.438.8045**

# Who is a Victim of Domestic Violence?

Any person who is at least 18 years old or an emancipated minor and has been verbally or physically abused by a spouse or former spouse, present or former member of the household, person with whom the victim has a child in common or person with whom the victim is dating or has had a dating relationship with.

## Steps You Should Take

1. If you believe you are in danger and may have to leave home, keep a small bag packed with essentials for you and your children.
2. Make sure you have access to money, house and car keys.
3. Leave the area where your abuser is.
4. Go to a neighbor's house.
5. Call your local police department or 911. You don't need to show any physical signs of abuse. If you feel threatened, call the police.
6. If you are physically injured, go to a doctor or hospital emergency room and tell them what happened to you.



**FAMILY VIOLENCE PROTECTION  
HOTLINE: 862.438.8045.**  
ALL CALLS TO THE FAMILY VIOLENCE  
PROGRAM ARE CONFIDENTIAL



## Babyland Family Violence Program Services



### 24 Hour Hotline

A trained staff member is available 24 hours a day, seven days a week to provide immediate assistance to victims of domestic violence through our dedicated hotline.



### Emergency Housing

Shelter is provided on a temporary basis to women and children who cannot remain at home due to acts of abuse from a family member or significant other.



### Community Education

Information and education on the issues and dynamics of domestic violence is available to community groups and organizations through conferences and seminars.



### Advocacy

Advocates provide a link to the judiciary system. The Family Violence Program provides legal advocacy over the phone and at the Wilentz Justice Center.



### Immigration

Calls are made and personal accompaniment is provided to other government agencies and non-profit organizations on behalf of the victim.

### Human Trafficking

Human Trafficking (i.e. working below minimum wage and in unsafe, conditions, kidnapped and/or forced to do sexual acts against your will). If you think someone may be a victim, call the Family Violence Protection Hotline.